

## Our Social Role and Relationships

Type	Basic Desire	Social Role	How I Control Others	Virtue
One	To have integrity	<u>The Educator</u> . I want to instill wisdom in the ignorant, uplift the fallen, and show others how to do something useful and productive with their lives.	By correcting them and insisting that they share my standards.	Serenity
Two	To feel love	<u>The Special Friend</u> . I want people to seek me out for advice and to share special secrets and intimacies. Having a special place in their lives becomes “proof” of their closeness.	By finding out their needs and desires, thus creating dependencies.	Humility
Three	To be valuable	<u>The Best</u> . My value depends on shining brightly enough to be noticed so I must always shine, always be outstanding.	By charming them and by adopting whatever image will “work.”	Truthfulness
Four	To be special	<u>The Unique One</u> . I insist on being “myself,” putting my personal stamp on everything. My self-image becomes based on <i>how unlike others I am</i> .	By being temperamental and making them “walk on eggshells.”	Equanimity
Five	To be capable	<u>The Expert</u> . I want to feel more self-confident and carve out a niche for myself. So I strive to know what others in my circle don’t know.	By staying preoccupied and detaching emotionally from them.	Generosity
Six	To have guidance	<u>The Loyalist</u> . I invest most of my time and energy in the commitments I have made to my support system and alliances, hoping that my sacrifices will pay off in increased security and mutual support.	By complaining and by testing their commitment to me.	Courage
Seven	To be satisfied	<u>The Energizer</u> . I become the person who must pump energy and excitement into a situation so that everyone will be charged up – and so I can stay excited myself.	By distracting them, and by insisting that they meet my demands.	Sobriety
Eight	To protect myself	<u>The Rock</u> . I am the strong and impregnable one, the foundation for others in the family or circle. This way I can defend myself and avoid being hurt.	By dominating them and by demanding that they do as I say.	Innocence
Nine	Peace of Mind	<u>Nobody Special</u> . I am a modest person who is content to stay in the background and not cause inconvenience to others. My presence, opinions and involvement do not really matter.	By checking out and by passive-aggressively resisting others.	Action

People identified with their Social Role can get locked in a frustrating dance with each other, rewarding and rejecting each other just enough to keep the other person in the dance. Once we start defending our self-image and manipulating others into supporting it, true relating becomes difficult if not impossible. Our Basic Desire is only fulfilled when we let go of our identifications and strategies and allow our Virtue to rise in its natural state.